Wellness Suite Resources for Students

**Mental and Physical Health Support**

Counseling and Consultation Services  
https://ccs.osu.edu/

Wilce Student Health Center  
https://shs.osu.edu

**Academic Support**

Dennis Learning Center  
https://dennislearningcenter.osu.edu/

Student Life Career Counseling and Support Services  
https://ccss.osu.edu/

Research Commons  
https://library.osu.edu/researchcommons/

Center of the Study and Teaching of Writing  
https://cstw.osu.edu

Digital Union  
https://odee.osu.edu/digital-union

**Student Wellness Support & Other Resources**

Student Wellness Center  
https://swc.osu.edu/

Multicultural Center  
http://mcc.osu.edu/

Stress Management and Resiliency Training (SMART) Lab  
https://u.osu.edu/smartlab/

Office of Student Life, Recreational Sports  
https://recsports.osu.edu/

Sexual Misconduct Response and Prevention  
https://titleix.osu.edu/

Ohio Union Activities Board  
https://ouab.osu.edu/

**Crisis Support**

Suicide Prevention Lifeline  
614.221.5445 (Local)  
1.800.273.8255 (National)

Crisis Text Line  
Text “4HOPE” to 741-741

Counseling and Consultation Services  
614.292.5766  
(Select ‘2’ for after-hours)

Emergency Assistance  
Call 911 or OSU Police: 614.292.2121

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The OSU Suicide Prevention Program  
https://suicideprevention.osu.edu

In partnership with the OSU Graduate School

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