

REACH[®] Training FAQs

About REACH[®]

Suicide prevention gatekeeper trainings are intended to provide general information to help reduce suicide risk through a training program specifically designed for individuals who are not trained and who are not licensed mental health professionals. The REACH[®] Training aims to help increase knowledge and awareness of suicide risk and inform attendees on college and community resources. *Note: A REACH[®] Training is not a clinical mental health training. It does not teach suicide assessment or intervention strategies, nor is it a comprehensive training on suicide risk.*

Who Can be REACH[®] Trained?

OSUSPP offers REACH[®] Trainings on campus to university and student affiliated organizations, departments, colleges, and programs. REACH[®] Trainings are currently offered on the Marion, Lima, Wooster, and Newark campuses. Each of these campuses has an established Regional REACH[®] Coordinator (RRC) who works directly with OSUSPP to schedule group and open training requests. For more information on our RRCs or scheduling a regional REACH[®] request, please visit:

<https://suicideprevention.osu.edu/regional-campuses/>

Requesting a Training:

How long is a REACH[®] Training?

REACH[®] Trainings are 90 minutes in length. Participants must arrive 15-minutes early to sign-in.

Is there a charge associated with scheduling or attending a training?

REACH[®] Trainings are free of charge to members of the OSU community.

Can undergraduates attend a training with staff, faculty, graduate, or professional students?

We recommend that undergraduate students are trained separately from staff, faculty, graduate students, and professional students to promote a similar learning environment.

What is the difference between a GROUP and OPEN REACH® Training?

Group REACH® Trainings are designed for students, staff, and faculty, who are a part of an organization, team, or department that would like to be trained together. Requestors are responsible for choosing the date, time, and location for their training. OSUSPP will match a trainer based on trainer availability.

Open REACH® Trainings are designed for individuals who would like to be REACH® trained but may not have a group affiliation. OSUSPP pre-selects a date, time, location, and trainer. Any students, staff, or faculty member can then pre-register to attend a training of their choice.

How much notice is needed to schedule a Group training?

A minimum of 3 weeks advance notice is required for scheduling a training on the Columbus campus. Deadlines for requests on the regional campuses are created for each campus by their RRC.

What are the training space and equipment requirements for a Group training?

Training spaces must be located on an OSU campus which can include sorority and fraternity houses. Training requests times must include a extra 15-minutes window prior to the start time for set up. A computer, screen, and projector must be available to trainers.

How many people are needed in order to schedule a Group training?

Group trainings require a minimum of at least 3 participants, but larger groups promote more interaction and skill building opportunities.

Certificates and Pins

How do participants receive their certificate of training completion?

Training certificates will be emailed to training participants approximately 1-2 weeks after the training date via the reach@osu.edu address.

Does my REACH® certification expire?

No, the certification does not expire. However, we do recommend that suicide prevention gatekeepers work to practice or refresh their skills by attending another training, or by engaging with our Kognito At-Risk Training Program <https://suicideprevention.osu.edu/online-training/>

Training Limitations:

Can Group REACH® Trainings be personalized to contain group-specific information?

OSUSPP is unable to personalize the REACH® Training for groups as the training is intended to contain general knowledge and be easily applicable to everyone on OSU's campus. However, we encourage groups to make the training personal by asking questions and engaging in dialogue with our trainers.

Can I do a REACH® Training online?

REACH® Trainings are designed to be given in-person and are not offered online under any circumstances. While the Kognito At-Risk Training Program is a great resource for practicing skills learned in the REACH® Training, it is not a replacement for the REACH® training.

Can the REACH® Training be videotaped or live streamed?

Due to the complexity and sensitivity of the training, recording or streaming of any REACH® Training is not permitted in any situation. No exceptions will be made.

Is REACH® Copy Written?

Yes! The REACH® Training is copy written and the intellectual property of Dr. Darcy Haag Granello, LPCC-S and OSUSPP. Under no circumstances may any portion of a REACH® Training be used for an off-campus training or for anyone who is not an OSU staff, faculty, student, or alumni.