REACH© Training FAQs

About REACH©

REACH© suicide prevention gatekeeper trainings are intended to provide general information about how to identify suicide risk and how to respond to any OSU student, staff, or faculty member who may be experiencing distress. REACH© is not a clinical mental health training; it does not teach suicide assessment or intervention strategies, nor is it a comprehensive training on suicide risk. Rather, it is designed to empower anyone to learn these skills, and especially individuals who are not licensed mental health professionals. The 90-minute training experience aims to increase knowledge and awareness of suicide risk and to inform attendees of our campus community resources. REACH© is aligned with national standards, best practices, and recommendations for suicide prevention gatekeeper trainings. As such, the training contains suicide statistics, stories surrounding suicide, and interactive role plays to help attendees better understand and engage with the material.

Important Note: While we believe in the effectiveness of anyone attending a REACH© Training, we also recognize that it contains complex and sensitive material. As a result, it is possible that participants could experience a variety of mental and emotional reactions. This should be taken into consideration before attending a training. As a general best practice for the well-being of our Buckeye community, OSUSPP does not recommend that students, staff, or faculty mandate REACH© Training attendance.

What is the Difference between a REACH© Training and a Reach Out Session?

Reach Out: An Education & Advocacy Session for Suicide Prevention is a virtual synchronous learning experience delivered through Zoom intended to provide basic information about how to prevent suicide to OSU staff, faculty, and students. During this 60-75-minute information session, attendees will learn about suicide risk factors, warning signs, and protective factors, as well as how to break down the stigma of help-seeking. This session is not a skills-based training and as such, does not offer a certification.

REACH© is an in-person suicide prevention gatekeeper training intended to provide general information about how to identify suicide risk and how to respond to any OSU student, staff, or faculty member who may be experiencing distress. REACH© is a 90-minute, certifiable training experience, that includes important information about suicide, interactive dialogue, and role play.
Who Can be REACH® Trained?
OSUSPP offers REACH® Trainings on campus to university and student affiliated organizations, departments, colleges, and programs. REACH® Trainings are currently offered on the Marion, Lima, Wooster, and Newark campuses. Each of these campuses has an established Regional REACH® Coordinator (RRC) who works directly with OSUSPP to schedule group and open training requests. For more information on our RRCs or scheduling a regional REACH® request, please visit: https://suicideprevention.osu.edu/regional-campuses/

How Long is the Training?
REACH® Trainings are 90 minutes in length. Participants must arrive 15-minutes early to sign-in through our new electronic sign in process. Training request times must include an extra 15-minutes prior to the start time for set up.

Is There a Fee Associated with Requesting a Training?
REACH® Trainings are free of charge to members of the OSU community.

Can Undergraduates attend a training with Staff, Faculty, Graduate or Professional Students?
No. We recommend that undergraduate students are trained separately from staff, faculty, graduate students, and professional students to promote a similar learning environment.

What is the Difference Between a GROUP and an OPEN Training?

Group REACH® Trainings are designed for students, staff, and faculty, who are a part of an organization, team, or department that would like to be trained together. Requestors are responsible for choosing the date, time, and location for their training. OSUSPP will match a trainer based on trainer availability.

Open REACH® Trainings are designed for individuals who would like to be REACH® trained but may not have a group affiliation. OSUSPP pre-selects a date, time, location, and trainer. Any students, staff, or faculty member can then preregister to attend a training of their choice.

How Much Notice is Needed to Schedule a Group Training?
A minimum of 3 weeks advance notice is required for scheduling a training on the Columbus campus. Deadlines for requests on the regional campuses are created for each campus by their RRC.
What Are the Training Space and Equipment Requirements?
Trainings only take place in a space on an OSU campus (this includes sorority and fraternity houses). A computer, screen, and projector must be available to trainers.

Does OSUSPP offer REACH® Training Accommodations for Individuals with Disabilities?
OSUSPP is committed to ensuring that the REACH® Training experience is accessible to everyone. It is the responsibility of training requestors to ensure that any necessary accommodations are made available to their group members. For more information, please visit: https://slds.osu.edu/accommodations-services/

How Many Participants Can Attend a Training?
Group trainings require a minimum of at least 3 participants, but larger groups promote more interaction and skill building opportunities. To promote the best interactive and supportive training experience, OSUSPP recommends that groups do not exceed 50 participants.

How Do Participants Receive Their Certificate of Completion?
Do Certificates Expire?
Training certificates will be emailed to training participants approximately 1-2 weeks after the training date via the reach@osu.edu address. While certification does not expire, we do recommend that gatekeepers practice or refresh their skills by attending additional training opportunities offered by OSUSPP.

Training Limitations:
Can I Attend a REACH® Training online? Can Trainings Be Videotaped or Live Streamed?
REACH® Trainings are designed to be given in-person and are not currently offered online. Also, due to the complexity and sensitivity of the material and training experience, recording or streaming of any REACH® Training is not permitted in any situation.

Can Group REACH® Trainings be personalized to contain group-specific information?
OSUSPP is unable to personalize the REACH® Training for groups as the training is intended to contain general knowledge and be easily applicable to everyone on OSU’s campuses. However, we encourage groups to make the training personal by asking questions and engaging in dialogue with our trainers.
Is REACH® Copy Written?

The REACH® Training curriculum and materials are copy written and the intellectual property of Dr. Darcy Haag Granello, LPCC-S and The Ohio State University Suicide Prevention Program. Under no circumstances may any portion of a REACH® Training be used for an off-campus training or for anyone who is not an OSU staff, faculty, student, or alumni. Only certified undergraduate, staff, faculty, graduate, and professional REACH® trainers are permitted to facilitate REACH® content.