

Mental Health Statement for Course Syllabi

2019 OSU Senate Approved

As a student, you or someone you know may experience a range of issues that may cause barriers to learning, may lead to diminished academic performance or may reduce a student's ability to participate in daily activities, such as strained relationships, increased anxiety, alcohol or drug problems, feeling down, difficulty concentrating and/or lack of motivation. The Ohio State University offers services for students to assist with addressing these and other concerns.

You can learn more about the broad range of services available on campus via the **Office of Student Life Counseling and Consultation Services (CCS)** by visiting ccs.osu.edu or calling 614-292- 5766. CCS is located on the 4th Floor of the Younkin Success Center and 10th Floor of Lincoln Tower.

You can reach an on-call counselor when CCS is closed at 614-292-5766 and 24-hour emergency help is also available through the 24/7 National Suicide Prevention Hotline at 1- 800-273-TALK or at suicidepreventionlifeline.org.